



**Paul R Salmon**

Training Specialists Since 1992

## **Paul R Salmon Training Professional Qualifications, Courses and CPD 2025**



**[www.paulrsalmon.co.uk](http://www.paulrsalmon.co.uk)**

## Paul R Salmon 2025 Professional Accreditations



- ✓ PTDQ Accredited, Centre & Trainer
- ✓ Rated Outstanding 2015 to 2025 by PTDQ
- ✓ Full Member Society of Education & Training (MSET)
- ✓ NUCO & FAA Accredited Trainer
- ✓ STA Accredited Centre
- ✓ Qualified to Graduate IOSH (Cert) Standard
- ✓ RLSS Member (Trainer & Mentor)



All our CPD is fully regulated and meets the leading strict high standards of Professional Certified Training (PCT).

Are CPD is quality assured, not just paid for a badge like most others!



## **Paul R. Salmon Training: The Benchmark of Quality in Professional Training, Leading Industry Since 1992.**

Based in Essex, Paul R. Salmon Training is a professional training and development company renowned for its commitment to exceptional quality assurance and industry-leading expertise. The company's reputation is built on a foundation of rigorous standards, regulated qualifications, and a team of trainers who are not just instructors but are recognized as true leaders in their respective fields.

A key differentiator for Paul R. Salmon is its unwavering focus on regulated, externally verified training. Unlike providers who may issue their own certificates, Paul R. Salmon exclusively offers qualifications that are fully regulated by external awarding bodies.

This guarantees that all training meets the strictest national and international standards, providing learners with certifications that hold genuine professional value and are recognized across industries. This dedication to external validation serves as the cornerstone of their quality assurance process, ensuring every course is meticulously audited and held to the highest possible standard.

The expertise of the trainers is a cornerstone of the company's success. Paul Salmon himself is a highly respected figure, with over 30 years of experience in training, assessing, and quality assurance. His extensive background, including acting as an Internal and External Quality Assurer for major examination boards, positions him as a true industry expert. This level of experience permeates the entire training team, which is composed of individuals holding high-level qualifications, such as a Level 5 Diploma in Education & Training, and who are members of professional bodies like the Society for Education and Training (MSET). This ensures that learners are not just taught a subject but are mentored by practitioners who have a wealth of real-world knowledge and can provide first-class, practical guidance.

Ultimately, the philosophy of Paul R. Salmon is not just about passing a course; it's about achieving real competence. The company's engaging training methods are designed for knowledge retention, ensuring that the skills and information learned are deeply embedded and can be applied effectively in the workplace. With a vast portfolio of over 100 qualifications in various specialisms, Paul R. Salmon stands as a trusted and reliable partner for individuals and businesses seeking to elevate their skills and professional standards. The company's focus on quality, regulation, and expertise makes it a premier choice for professional development in the UK.





## First Aid Training Qualifications

### **Level 3 Award Emergency First Aid at Work - 1 day**

Course comprising a minimum of 6 hours of practical and theoretical training covering responsibilities; assessment of the situation; first aid hygiene; resuscitation; anatomy; choking; bleeding; shock; epilepsy; minor injuries and dealing with an unresponsive casualty. Compliant with Health & Safety.

### **Level 3 First Aid at Work (FAW) - 3 day**

Ofqual approved course. All successful students will be issued an FAW certificate lasting for 3 years. This FAW course covers all aspects of basic life support including CPR, bleeding, unconsciousness, choking, head injuries, sprains and strains and a vast range of First Aid conditions that you may experience in the workplace.

### **Level 3 FAW Re-qualification - 2 day**

Ofqual regulated course. First Aid at Work refresher course for those who are currently qualified as a First Aider (FAW) and wish to continue as an approved First Aider for another 3 years. This course covers all aspects of basic life support along with a vast range of First Aid conditions.



### **Level 3 Paediatric Emergency First Aid - 1 day**

Description A Level 3 First Aid course designed for those who have an interest in child and baby Basic Life Support governed by the Early Years Foundation Stage (EYFS) or OFSTED. This course covers life-threatening conditions including CPR, bleeding control and choking.

### **Level 3 Paediatric First Aid - 2 day**

Description A Level 3 First Aid course designed for those who have an interest in child and baby Basic Life Support governed by the Early Years Foundation Stage (EYFS) or OFSTED. This course covers life-threatening conditions including CPR, bleeding control and choking.

### **Level 3 BLS, AED & Anaphylaxis for Adults & Children - 4 hours**

Description A regulated qualification designed to equip learners with the vital skills to respond to life-threatening emergencies, including CPR, safe use of an AED, and treatment of anaphylaxis in both adults and children.







## **Health & Safety Qualifications**

### **Health & Safety in the Workplace - FAA Level 1 Award 1/2-day**

This is a 4-hour classroom-based course covering roles and responsibilities; reporting; hygiene; assessments; minor injuries, plus related Pre or Post course reading or training.

### **Health & Safety in the Workplace - FAA Level 2 Award 1-day**

This award requires 10 'guided hours' comprising a classroom-based course of at least 6 hours (covering roles and responsibilities; reporting; hygiene; assessments; minor injuries) plus related Pre or Post course reading or training.

### **Health & Safety in the Workplace - FAA Level 3 Award 3-day**

This Level 3 Health and Safety course has been developed to provide learners with the knowledge and skills essential for effectively managing health and safety within various workplace settings. Participants will gain a thorough understanding of key health and safety principles, legal responsibilities and best practices for risk management

### **Level 2 Manual Handling – 4 to 6 Hours**

Essential information on manual handling loads in a workplace. Covers legislation and safe lifting techniques.

## **Level 2 Award Fire Safety – 4 to 6 Hours**

You will, no doubt, be aware of the potentially devastating effects of fires in the workplace in terms of lives lost, injuries, damage to property and the environment, and to business continuity. You may also be aware that It is believed that most fires are preventable.

The importance of fire safety in the workplace is underpinned by health and safety legislation that places a duty on employers to establish policies and procedures and ensure their employees receive appropriate training.

## **Fire Marshal Training Course (Module to Level 2)**

1-to-4-hour course, useful for CPD for existing fire-trained staff to update their skills and knowledge to act as a fire warden in the workplace, full course including level 2 available as above.





## **Food Safety Qualifications**

### **Level 2 Award Food Safety in Catering 1-day**

6 hours (covering roles and responsibilities; reporting; hygiene; assessments; minor injuries) plus related Pre or Post course reading or training.

**Also available food safety for manufacturing and food safety for retail.**

### **Level 3 Food Safety in Catering - 3-days**

18 hours (covering roles and responsibilities; reporting; hygiene; assessments; minor injuries) Supervisor and requirements in food safety.

**Also available food safety for manufacturing and food safety for retail.**







## **Mental Health Qualifications**

### **Level 1 Award First Aid for Mental Health Awareness - 4 hours**

These 4 hours course is aimed at providing learners with the knowledge to identify suspected mental health conditions and the skills to start a conversation and be able to signpost the person towards professional help

### **First Aid for Mental Health - FAA Level 2 Award - 1 day**

This 1-Day course covers the content of the Level 1 course (A ½-Day course aimed at providing learners with the knowledge to identify suspected mental health conditions and the skills to start a conversation and be able to signpost the person towards professional help) but also expands on the effects of drugs and alcohol, incorporates the First Aid for Mental Health Action Plan and covers ways in which a positive mental health culture can be supported within a workplace.

### **First Aid for Mental Health Supervising - FAA Level 3 Award - 2 day**

This 2-Day course goes into detail on a wide range of mental health conditions and the support and help provided by healthcare professionals. It covers the content of both the Level 1 and Level 2 qualifications but is aimed at Trainer/Assessors and/or supervisor level within the workplace.

### **Level 3 Award First Aid for Mental Health Supervising Requalification - 1 day**

**Description** This 1-day requalification course provides a refresher on a wide range of mental health conditions and the support available from healthcare professionals. It revisits the key content of both the Level 1 and Level 2 qualifications and is designed for those in a Trainer/Assessor and/or supervisory role within the workplace who are renewing their certification.



## **Safeguarding Qualifications**

### **Level 1 Safeguarding Awareness - Award 4 Hours**

This qualification is suitable for all persons and will provide an understanding of safeguarding which can be used in a workplace, activity group or any instance where a person encounters children or adults at risk. The qualification provides learners with the knowledge to identify a safeguarding concern, listen and appropriately record a disclosure, and report to the appropriate person.

### **Level 3 Award Safeguarding Children, Young People or Vulnerable Adults - 1 day**

This course is designed for all persons, no matter the field that they are directly involved in, to give them the tools and knowledge to make a difference to a vulnerable person's life. It will also let the practitioner reporting the abuse know how they can safeguard themselves in everyday work, while seeking help and reporting the incident identified.





## Swimming Pool Lifesaving Qualifications

### STA Level 3 Pool Lifeguard Qualification

**Valid for 3 Years and you will get as standard Level 3 First Aid (Adult and Paediatric) – As Stated in Safety in Swimming Pools (HSG179).**

Being a pool lifeguard is a fantastic role for those looking for a rewarding, active, and challenging profession. Training provides essential lifesaving, first aid, and transitional knowledge and skills making it a fantastic career choice whether it be short-term, long-term, or a stepping stone onto other careers.

A pool lifeguard can be an employee, a contractor, or a volunteer. Working hours can often fit around lifestyles with options of full-time, part-time, and casual hours, as well as morning, daytime, evening, and weekend shifts, providing work-life balance, or to work alongside studying commitments.

Countless employment opportunities are available within public leisure centres and private pool operators who are on the search for qualified and motivated pool lifeguards.

The agreed industry pre-requisite to become a pool lifeguard is for learners to have achieved a CIMSPA endorsed educational product that fully meets the CIMSPA Professional Standard: Lifeguard.

STA Level 3 Award for Pool Lifeguards qualification fully meets this professional standard and is therefore an agreed industry accepted qualification for pool lifeguards to hold in order to gain employment anywhere in the UK.



### **RLSS Level 3 Pool Lifeguard**

**Valid for only 2 years and dose not have any additional complimentary courses. Meets HSG179 as STA one above.**

The NPLQ covers all elements of Pool Rescue Techniques, Lifeguarding Theory, First Aid and CPR. The course is physically demanding and will include swimming to set times, lifting casualties and diving to the deepest part of the swimming pool. Training and assessment for the NPLQ are in three sections, and candidates must successfully pass all to attain the qualification.

### **STA Level 2 Award for Pool Emergency Responder**

**Fully Ofqual Regulated, currently only one Regulated.**

The Pool Emergency Responder qualification is designed to train staff working in and around hotels and leisure clubs which traditionally have smaller pools which are shallower than 1.5m. On the course you will learn how to respond to a swimming pool incident, perform CPR, first aid, and aquatic rescue skills including basic spinal injury management.

This makes the qualification ideal for use in hotel and leisure club facilities where it's been identified that constant poolside supervision isn't required for a smaller pool, or by duty managers who don't typically lifeguard but may wish to hold a qualification to support their lifeguard team in an emergency.

### **STA Level 2 Award for Safety Award for Teachers**

**Fully Ofqual Regulated, currently only one Regulated.**

If you're a swimming teacher, aqua aerobics instructor or schoolteacher and looking for a qualification that will allow you to provide safety cover for swimming sessions, this is the qualification for you!

On the course, you'll learn basic rescue, first aid and resuscitation skills. Holding a rescue/safety award such as this is also recommended for our swimming teaching qualifications, so this may be included with your swimming teaching course (ask your course organiser for more details).





## **Swimming Pool Plant Room Qualifications**

### **STA Level 2 Award in Pool Water Treatment**

The eight-hour Pool Water Treatment qualification is more in-depth than a water testing course, covering the basic principles of the treatment of swimming pool water and enabling them to correctly test swimming pool and spa water.

This qualification is ideal for those who complete routine water testing and need to have general knowledge of swimming pool water treatment; it's also the perfect stepping stone for those considering a career in pool maintenance and management, before they embark on our full Pool Plant Operations course.

### **STA Level 3 Award in Pool Plant Operations**

The Pool Plant Operations qualification is the highest level of training available for those who are responsible for the management and maintenance of swimming pools, spas and interactive water features.

It reflects the most up-to-date requirements and standards for pool plant operations, with a robust syllabus which covers all aspects that are vital to running a wet leisure facility and maintaining healthy and hygienic water including: water testing, disinfection, pool water chemistry, dosing, mechanical operations, heating, energy efficiency, management practices, health & safety and more!

This qualification also meets CIMSPA's employer-led pool plant operative professional standard.



## Teaching Qualifications

Teaching qualifications available are the full suite of Education and Training: All courses can be completed at our venue or as part of blended learning or distance learning, all methods you will get an experience mentor to support you through every stage.

All qualifications will give you access to membership at different levels with Society of Education and Training and will give you various initials past your name as an example MSET.

### **Level 3 Award in Education and Training**

Great for those new to teaching or wanting to teach adults.

### **Level 4 Certificate in Education and Training**

Great for those learners needing a more in-depth teaching qualification or teaching in further education.

### **Level 5 Diploma Education and Training**

For those that need a excellence knowledge in teaching and working at a higher level. As well looking to take QTLS to work in schools as a teacher.





## Assessing Qualifications

To be qualified to assess on-site (in the workplace), you need occupational competence in the field you're assessing and an assessing qualification, most commonly the Level 3 Certificate in Assessing Vocational Achievement (CAVA) or the Level 3 Award in Assessing Competence in the Work Environment (ACWE). These qualifications equip you to observe and evaluate learners' practical skills and knowledge in a real work setting.

### **Level 3 Certificate in Assessing Vocational Achievement (CAVA):**

This is a comprehensive qualification that allows you to assess learners in both workplace and learning environments.

### **Level 3 Award in Assessing Competence in the Work Environment (ACWE):**

This award focuses specifically on assessing competence within a workplace setting.





## Quality Assurance Qualifications

### Level 4 Internal Quality Assurance IQA

An internal quality assurer (IQA) is responsible for maintaining the quality of assessment within a training organisation or centre.

The role will involve observing training and assessing practice and giving constructive feedback with meticulous record keeping. The role requires the IQA to provide support, training and standardisation for tutors and assessors along with liaising with external quality assurers to ensure that a consistent standard is maintained and that assessments are conducted and assessment decisions are made in line with awarding organisation requirements.

This qualification is intended for learners who are currently undertaking a quality assurance role within their organisation or centre and need to ensure assessment conduct and decisions are valid and reliable.

### Level 4 External Quality Assurance

For those that want to work with examination boards as an external quality assurer. This qualification will be available to those that have a centre available to complete the qualification through. We have some availability with centres for the selected few.





## **Paul R Salmon Training**

**The name you can trust for full regulated professional training, delivered by experts.**

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